



Zimbabwe Demographic and Health Survey (ZDHS) 2023 | 2024

Survey Dates

2 December 2023
to
31 May 2024



What is the ZDHS?

The ZDHS is a national population-based survey that collects information on demographic trends and the health situation in the country. The survey aims to provide up-to-date information on fertility and mortality levels, education, child care, prevalence of anaemia, maternal health care, family planning practices, HIV/AIDS and other sexually transmitted diseases, and violence against women, among others.


A modular approach will be used in undertaking the 2023 ZDHS to which four questionnaires will be administered as follows:

a) Household questionnaire

Information collected through this questionnaire relates to households and their respective members. This includes age, sex, marital status, highest educational attainment, , source of water, type of toilet facility, ownership of various durable goods and availability of electricity. In addition, salt used for cooking by the households will be tested for the presence of iodine.

b) Questionnaire for women aged 15-49

The questionnaire is designed to collect information from women 15-49 years old, and directly from the concerned individual.



The information to be collected includes but is not limited to knowledge of contraception, maternal health care, breast feeding and other feeding practices, vaccinations and childhood illnesses, children born in the last five years and domestic violence among other areas of interest to the survey.

c) Questionnaire for men aged 15-54

The questionnaire will be administered to men in the 15-54 age group, and directly to the individual concerned. Information will be collected with respect to reproduction, fertility preferences, marriage and sexual activity, knowledge of HIV and other sexually transmitted diseases.

d) Biomarker questionnaire

In addition to data collected through interviews, the nutrition status of individual respondents will be assessed through anaemia testing and anthropometric measurements with respect to height and weight. The anthropometric measurements will be taken from individuals in 50% of survey households and focused on children under 5 years, women 15-49 years, and men 15-54 years. The anaemia test will be performed on children 6-59 months old, women aged 15-49 and men aged 15-54.

WHAT ARE THE OBJECTIVES OF ZDHS?

Some specific objectives of the survey are to:

a) collect data which will allow the calculation of demographic rates, particularly fertility rates, and infant and child mortality rates;

b) measure the level of contraceptive knowledge and practice, by method;

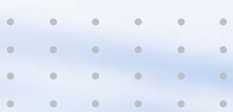
c) collect data on proximate determinants of fertility, fertility preferences, and unmet need;

d) collect data on the reproductive health of women (prenatal visits, place of and assistance at delivery) and the health of their children (breastfeeding, infant and young child feeding practices, immunizations, and the prevalence and treatment of childhood illnesses);

e) assess the nutritional status of children under age five, women 15-49, and men 15-54 by means of anthropometric measurements (height and weight) and anaemia testing;

f) collect data on knowledge and attitudes of women and men about HIV/AIDS and knowledge and treatment for sexually-transmitted diseases and evaluate patterns of recent behaviour regarding condom use;





g) collect information on the sexual practices of women and men: the number of sexual partners in the last 12 months and over their lifetime, high risk sexual behaviour, including condom use at last sexual intercourse;

h) collect information on use of treated mosquito nets, persons who slept under the nets, use of antimalarial drugs for treatment of fever among children under five;

i) collect data on women's experience of domestic violence (emotional, physical, and sexual violence); and

j) collect data on maternal mortality and adult male and female mortality to provide estimates at the national level (Maternal mortality module)

HOW IS THE ZDHS DATA IS COLLECTED?

The survey will be conducted on a nationally representative sample of 11,200 households randomly selected across the country's ten provinces. Demographic and health data will be collected from interviews with household heads, mothers and/ or caretakers of children aged below five years. The information collected is strictly confidential and used for statistical purposes only.



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